

I am a 24 year old woman with permanent residence in England, after living in Denmark for 19 years. My personal, academic and professional experiences have taught me the importance of merging theory and clinical practise

CORE SKILLS

- Qualitative and quantitative research
- Psychology
- Time management
- Teamwork
- Organisational skills

VOLUNTEERING

• **Research Assistant** - Assisting Dr. Samuel Fairlamb in his research on existential psychology. Experience with collection of participants, data analysis through SPSS and R, using qualitative and quantitative measures, designing studies, data collection through Qualtrics

• **PGT Representative for the School of Psychology & Neuroscience.** Liaising with academic staff members and acting as a mediator between the students and university.

• **Tertiary Quality Enhancement Review Panel Member**
Elected to sit on a panel of other postgraduate students at the University of St Andrews, raising student feedback to the University.

• **School Representative** - Representing the students of the School of Life Sciences and the Environment. Liaising with the VP of Education, School Administration, heads of departments and students

• **Peer Guide** - Assisting new undergraduate students with their academic and personal growth at university

• **Writer** for the student-run publication MAZE Magazine at the University of St Andrews. Focusing on existentialism, psychopathology and mental-health issues within the NHS.

• **Vice President** for the Dance Society at Royal Holloway University
- Designing and distributing merchandise alongside planning and running large-scale fundraisers

• **To Academia and Beyond** panel member, inspiring and informing future second- and third-year undergraduates

CURRICULUM VITAE

REFERENCES UPON REQUEST

WORK EXPERIENCE

Student Reviewer

St Andrews University. 2025 - currently

- Sitting on the panel for the internal review mechanism for the PGT Programme "IMACS: International Master in Audiovisual and Cinema Studies (MLitt)". Reviewing documentation provided by the University's Quality Team.
- Attending review meetings with Senior University Management and assisting with the production of a report of commendations and scope of improvement for the programme.

Axiom Ambassador

St Andrews University. 2025 - currently

- In charge of all social media creation, publishing and scheduling.
- Editing the company's Instagram and LinkedIn accounts while auditing their website.
- Communicating with tutors and ambassadorial team to recruit potential tutees across the United Kingdom.

Postgraduate Student Ambassador

St Andrews University. 2024 - currently

- Supporting prospective under- and postgraduate students whilst providing campus tours, one-to-one guidance and insider knowledge of the university.
- Communicating with prospective students, local members within the Fife area and student families.

Wiser Academy Ambassador

Royal Holloway University of London/St Andrews University. 2023 - currently

- Representing clients including L'Oréal, KPMG, Frasers Group, haysmacintyre and Clifford Chance on campus.
- Headhunting talented and qualified students for graduate programmes and internships through a wide network
- Creating social media marketing for clients and hosting careers related events on campus

RH100 Panelist

Royal Holloway University of London. 2023 - 2024

- Worked in partnership with the university to input on decisions which affect the student experience and student mental health
- Attended focus groups and larger meetings with the Principal, Head of Student Engagement and Executive director of Student Journey to assess the future of Royal Holloway with regards to social issues

Student Helper

Royal Holloway University of London. 2022 - 2024

- Assisted students registered with the Disability & Neurodivergence team with their clinical needs
- Provided note-taking for students, ensuring high-quality notes for examinations and aiding them in successfully attending their courses
- Provided personal assistance and mentoring sessions for students, actively caring for their specific diagnostic needs and providing mental health relief

Media & Communications Summer Intern

Royal Holloway University of London. 2023 - 2023

- Designed and published digital media content focused on clinical and theoretical aspects of psychology
- Assisted with the growth of the Youtube-channel "The Psychology Debrief" and all associated social media, to inform a wider audience of psychological concepts
- Assisted with the production of video-manuscripts aimed at students to educate on the theoretical implications of psychology

Healthcare Assistant - Carer

Northlands House, 2021-2021

- Worked under pressure within a team during 12 hour shifts to ensure the safety, comfort and wellbeing of residents.
- Assisted with personal care for residents, ensuring their quality of life was upheld.
- Trained in CPR, fire safety and manual handling.

Healthcare Assistant - Carer

OneCare Southampton, 2020-2021

- Acted as a carer for multiple elderly and disabled persons.
- Assisted with both personal care, social care as well as doing domestic work for them such as cleaning.
- Provided time-gated medications to persons in need, assisted with physical and mental health relief

EDUCATIONAL BACKGROUND

University of St Andrews

Projected Distinction MSc Research Methods of Psychology, 2024 - 2025

- Studying both qualitative and quantitative research methods
- Knowledge of statistical programmes including SPSS

Royal Holloway University of London

First Class Honours BSc Psychology, 2021 - 2024

- Understanding of academic writing and research
- Skills within neuroscience, statistics, clinical and social psychology